Dear Parents,

## Circular on Football Training for School Sports Team

Providing all-round education for our students is one of our aims. We encourage students to participate in various types of competitions and activities. Your child is selected for the school sports team, and will have a chance to represent the school in competitions.

All students from the following school teams need to have regular physical fitness/specific group training. Details are as follows:

| Period for <br> physical fitness/specific <br> group training | Groups | Days of the week | Time |
| :---: | :---: | :---: | :---: |
| $6^{\text {th }}$ September, 2022 |  |  |  |
|  | Football related strength <br> and conditioning training | Mondays to Fridays | $7: 45$ a.m. to 8:15 a.m. |
|  | Football teamwork and <br> techniques training | Tuesdays and Fridays | *Break time is provided from 12:45 p.m. to 1:00 p.m. |

The training will be cancelled on special school days or when classes are suspended. If the training venue is located outside the school, our school teachers will take the students there. For enquiries, please contact our Physical Education Panel Chairperson, Mr. Cheung Kwan To.


## Circular on Football Training for School Sports Team

Dear Principal,
I acknowledge the receipt of the above-mentioned circular regarding the football training for school sports team. Parents Remarks (if any): $\qquad$

Student's Name: $\qquad$ Parent's Signature: $\qquad$
Class: $\qquad$ Date: $\qquad$

